



COMPREHENSIVE DENTAL HEALTH

389 Orange Street New Haven Connecticut 06511 203.624.5515

TOOTH EXTRACTION

1. Keep a steady, even pressure on the gauze sponge, placed by the doctor, for 1/2 hour. Expect blood to weep for the 1st 4 hours. Remember, when blood mixes with saliva it appears that you are bleeding more than you really are.
2. Do not do anything to disturb the first clot. Don't swish today. Starting tomorrow, you may swish at least 4 times per day using _ tsp. salt and 8 oz warm water. Don't put your tongue in the wound
3. The use of tobacco and alcohol will prolong healing and promote infection.
4. If bleeding persists: Replace the gauze sponge over wound and apply pressure by biting down for an additional 1/2 hour. Lie down with your head elevated. Apply a cold compress to the side of your face, 15 min on then 15 min off. The use of a dry tea bag can be used in the place of gauze.
5. Do not take aspirin for pain.
6. If you experience persistent pain or swelling please do not hesitate to call the doctor.

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