



# COMPREHENSIVE DENTAL HEALTH

389 Orange Street New Haven Connecticut 06511 203.624.5515

## **TEMPORARY CROWNS CROWNS AND BRIDGE**

1. Expect the gum tissues around your crown to be sore.
2. You may swish with warm, salty water, using 1/4-tsp. salt to 8-oz. warm water, to help the gum tissue heal and relieve any soreness.
3. Your temporary crown was placed with temporary cement. Avoid chewing gum and sticky foods on your temporary crown, which may dislodge it.
4. Avoid biting and chewing into hard foods with your temporary crown.
5. When using dental floss, do not snap the floss up and out from between the temporary crown and the adjoining teeth. This could pull your crown off. Instead, just pull the floss straight through to remove it.
6. If your temporary crown breaks, gets loose, or falls off, please call the office.

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